

# Thanksgiving Every Day

“Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”

1 Thessalonians 5:16-18

1. How often should we rejoice? What does it mean to have joy?
2. When should we pray? How can you talk to God all day long?
3. True or False. We should ONLY give thanks when life is happy and trouble-free.



Go for a walk as a family and use this guide to pray as you find each item



Bird - Thank God for promising to always be with us.



Bug - Ask God to heal those who are sick.



Red Flower - Ask God to protect those in the medical field.



Evergreen - Ask God to give leaders wisdom.



Nut/Seed - Ask God to take care of your family and friends.



Fallen leaf - Ask God to take care of your neighbors.



Butterfly - Ask God to use the church to share His love.



Yellow flower - Ask God to bring revival through this time.

4. We can rejoice & give thanks when life is hard by focusing on the goodness of God and God’s promise to make all things right. List 2 things about God that are good. Now list 2 things that God promises.

5. Why do you think God wants us to rejoice, pray, and give thanks everyday?

**Prayer Activity:** Go on a Nature Prayer Walk or complete the Thankful ABC’s. For each letter of the alphabet name one thing for which you are thankful.

**Memory Verse:** “Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus” (1 Thessalonians 5:16-18)



I am **THANKFUL**  
**FOR...**

**A** \_\_\_\_\_  
**B** \_\_\_\_\_  
**C** \_\_\_\_\_  
**D** \_\_\_\_\_  
**E** \_\_\_\_\_  
**F** \_\_\_\_\_  
**G** \_\_\_\_\_  
**H** \_\_\_\_\_  
**I** \_\_\_\_\_  
**J** \_\_\_\_\_  
**K** \_\_\_\_\_  
**L** \_\_\_\_\_  
**M** \_\_\_\_\_

**N** \_\_\_\_\_  
**O** \_\_\_\_\_  
**P** \_\_\_\_\_  
**Q** \_\_\_\_\_  
**R** \_\_\_\_\_  
**S** \_\_\_\_\_  
**T** \_\_\_\_\_  
**U** \_\_\_\_\_  
**V** \_\_\_\_\_  
**W** \_\_\_\_\_  
**X** \_\_\_\_\_  
**Y** \_\_\_\_\_  
**Z** \_\_\_\_\_



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