

Sermon Scavenger Hunt

Psalm 42-43

Think about it...Have you ever been thirsty but without water to drink? What does thirst feel like?

Sermon Scavenger Hunt Questions...Listen to the sermon to discover answers to the following questions. Submit your answers for a prize!



Psalm 42-43

Why Are You Cast Down, O My Soul?
To the choirmaster. A Maskil of the Sons of Korah.

42

As a deer pants for flowing streams,
so pants my soul for you, O God.
² My soul thirsts for God,
for the living God.
When shall I come and appear before God?
³ My tears have been my food
day and night,
while they say to me all the day long,
“Where is your God?”
⁴ These things I remember,
as I pour out my soul:
how I would go with the throng
and lead them in procession to the house of God
with glad shouts and songs of praise,
a multitude keeping festival.
⁵ Why are you cast down, O my soul,
and why are you in turmoil within me?
Hope in God; for I shall again praise him,
my salvation ⁶ and my God.
My soul is cast down within me;
therefore I remember you
from the land of Jordan and of Hermon,
from Mount Mizar.
⁷ Deep calls to deep
at the roar of your waterfalls;
all your breakers and your waves
have gone over me.
⁸ By day the LORD commands his steadfast love,
and at night his song is with me,
a prayer to the God of my life.
⁹ I say to God, my rock:

“Why have you forgotten me?
Why do I go mourning
because of the oppression of the enemy?”
¹⁰ As with a deadly wound in my bones,
my adversaries taunt me,
while they say to me all the day long,
“Where is your God?”
¹¹ Why are you cast down, O my soul,
and why are you in turmoil within me?
Hope in God; for I shall again praise him,
my salvation and my God.

Send Out Your Light and Your Truth

43

Vindicate me, O God, and defend my cause
against an ungodly people,
from the deceitful and unjust man
deliver me!
² For you are the God in whom I take refuge;
why have you rejected me?
Why do I go about mourning
because of the oppression of the enemy?
³ Send out your light and your truth;
let them lead me;
let them bring me to your holy hill
and to your dwelling!
⁴ Then I will go to the altar of God,
to God my exceeding joy,
and I will praise you with the lyre,
O God, my God.
⁵ Why are you cast down, O my soul,
and why are you in turmoil within me?
Hope in God; for I shall again praise him,
my salvation and my God.

1. When things get tough, get in our _____ , an acronym: **cry** out to God, **ask** for help, **respond** in trust and praise.
2. True or False. The Sons of Korah who sang Psalm 42 & 43, were like the Von Trapp family singers from the Sound of Music. They were a family of singers in Israel who passed along their musical ministry from generation to generation.
3. Whoever wrote Psalm 42 & 43 felt far away from God. Why is this? (Hint: Ps 42:2-4).
4. Have you ever felt like God was nowhere to be found? Have you cried so much you could not eat or sleep? Have you heard that question clearly from others or yourself, "Where is God?" Can you relate to this feeling of distance and dryness as we approach one year of the COVID-19 pandemic quarantine?
5. True or False. When we feel far away from God we should quit reading the Bible, stop praying, avoid the body of Christ, and stop worshipping.
6. What should we do when we feel distant from God? (Hint: Get in the C.A.R.).
7. What does the psalmist say to himself three times in verses **42:5**, **42:11** and **43:5**? And, what does he remind himself to do?
8. So far in this Psalm the Psalmist has called God: the living God, my Savior, my God, the LORD (Yahweh), the God of my life, and God my Rock. Now the Psalmist asks God directly for help in **verse 43:1**. What does he ask?
9. Who better to plead our case than God himself? Whatever the need, whatever the reason we can always ask God for help. You can never be too far away from God to receive God's help. How do you need God's help, today?
10. In Psalm 42:8, what does the LORD do for the psalmist by day and by night?
11. True or False. The Psalmist forgot the deep, consistent, never ending love and kindness, which God has for His people throughout eternity.
12. How do we survive those times of spiritual dryness that will come?
13. Can you list any similarities you see between what Jesus experienced on the cross and the spiritual dryness the psalmist experiences in Psalm 42 & 43?

*Why are you down in the dumps, dear soul?
Why are you crying the blues?
Fix my eyes on God—
soon I'll be praising again.
He puts a smile on my face.
He's my God. (The Message, Eugene Peterson)*

**When we feel far away from God because of loneliness, sorrow, spiritual dryness, or anything causing lament, we should get in the C.A.R.:
Cry out to God in our pain, Ask God for help, and Respond with trust and praise!**